

New Jersey Swimming 2013 Long Course 12 & Under Silver/Bronze Championships Hosted by Hamilton YMCA Aquatic Club	
Name of Meet	
Meet Sanction #	<i>NJS071213LC</i> In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages by reason of injuries to anyone during the conduct of the event.
Date of Meet	Friday-Sunday, July 12 th -14 th , 2013.
Location	Princeton University DeNunzio Pool Located on Faculty Road off of Route 571 on the Princeton University campus, Princeton, NJ 08540.
Facility Information	DeNunzio Pool is a 50 meter, 8-lane pool with a minimum depth for diving of 9 feet. There is ample seating for spectators.
Pool Certification Statement	The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition.
Audio/Visual Recording Statement	Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
Meet Director	Ellen Mace, 609-558-0988, entries1@juno.com
Team Contact	Sue Welsh, sjwelsh99@aol.com
Meet Referee	Friday - Val Gibson, vhgswimming@msn.com Saturday - John Ciulla, ciulla.john@gmail.com Sunday – Steve & Roni Sawin, ronisawin2@aol.com , spsawin@aol.com
Entry Coordinator	Be Smartt, Inc., entries1@juno.com , 609-558-0988
Safety Marshall	Jim Devlin
Entry Deadline	<ul style="list-style-type: none"> § The entry deadline for this meet is 6:00pm on Tuesday, July 2nd, 2013. § Email entry files and proof of time reports to: entries1@juno.com § All entries will be accepted up until the entry deadline. As an NJS Championship designated meet, the 4 hour per session rule does not pertain to this meet. § Entry verification forms, waiver releases and fees are to be received by the start of the meet. The host club reserves the right to scratch swimmers/teams that have not paid their entry fees and turned in their waiver forms by this time. § Please mail the entry summary, signed waiver and fees to: BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619 § Not waiving signature of receipt on Express Mail will delay receipt. § Entries will be considered accepted when loaded into Meet Manager. § No fax, phone or deck entries will be accepted
Entry Amending Process	According to the Amending Process for New Jersey Championship Meets, should a swimmer be missing from the entry list or an event, the coach can e-mail the missing information to the meet director by noon, July 11 th , 2013. The entry fee for all events entered in this manner will be the regular entry fee for the event, plus an additional \$5.00 late fee per entry (unless the mistake was ours) and must be paid before the start of the meet according to the Amending Process Guidelines. <i>Note: Entries which are amended due to a swimmer achieving a new Gold time after the original entry is submitted do not incur this additional fee.</i>
Meet Format Waiver	The host club has the right to change the format of the meet with the approval of the sanctioning chairman and either the age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for changes include: <ul style="list-style-type: none"> § To allow more swimmers to swim. § To conform to facility capacity limits or for facility safety concerns. § To condense the meet into a shorter time frame. Some of the changes that may be made include: 1) adding a session, 2) heat-limiting or adding bottom cuts to some or all events, 3) condensing sessions, and 4) eliminating relays.

Internet Website Posting	<p>§ The official meet website is www.besmarttinc.com.</p> <p>§ Meet Information, downloadable Hy-Tek Events list (.HYV file), and final results will be posted on the BE Smartt and New Jersey Swimming websites: www.njswim.org.</p>
Meet Requirement Statement	In order to be eligible for the New Jersey Swimming Zone Championship Team or for New Jersey Swimming Athlete Championship Meet Reimbursement, NJ Swimming policy stipulates certain meet participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards these participation requirements.
Coaches Eligibility	<p>§ All coaches on the deck must be current coach members of USA Swimming.</p> <p>§ Coaches must show their coaching card for entrance to facility.</p> <p>§ Coaches must show their coaching card before picking up any meet information or scratch sheets.</p> <p>§ Coaches must have their coaching card visible at all times while on deck.</p> <p>§ Coaches must have a visible coach's card when entering hospitality area.</p>
Swimmer Eligibility	<p>§ All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any event including relays.</p> <p>§ This is a New Jersey Swimming Championship Meet. As such, only New Jersey Swimming registered athletes may enter and compete in this meet.</p> <p>§ All swimmers must have entry times slower than the current New Jersey Swimming LC JO's Gold Time Standards. (See attached events and time standards.)</p> <p>§ Proof of time is required for all individual event entries in this meet.</p> <p>§ If a swimmer achieves a Gold time in an entered event subsequent to entering this meet, they MUST be removed from the event at this meet. They may either replace the newly Gold event with a non-Gold event or receive a refund for the event entry fee. Failure to follow this policy will result in the disqualification of the swimmer (even retroactively), and the swimmer's club may be penalized and/or fined by NJ Swimming for each such infraction.</p> <p>§ The qualifying period for this meet is April 1, 2012 thru the entry deadline of the meet.</p> <p>Unattached Swimmers</p> <p>§ All transfer swimmers must swim unattached for 120 days from their last attached competition. Swimmers must use "UN-(New Team Alpha Code)" as their team affiliation.</p> <p>§ All unattached swimmers must be listed on their team's official waiver entry form.</p> <p>Age Groups That Will be Offered</p> <p>§ This meet will offer events for age groups of 11-12, and 10-and-Under.</p> <p>Individual and Relay Limits</p> <p>§ Swimmers may compete in up to three (3) individual events per day.</p> <p>§ Swimmers may compete in one (1) relay per day.</p> <p>Age at Meet</p> <p>§ Age determination date for this meet is Friday, July 12th, 2013</p>
State Championships Restriction	Swimmers may not compete in a given event at both a Silver/Bronze Championship meet and the LC JO meet, unless they achieved the LC JO qualifying time in that event at the Silver/Bronze meet, or at another Sanctioned or Approved meet attended in between the Silver/Bronze meet and JOs.
Meet Format	<p>§ This meet will be run in accordance with current USA Swimming rules.</p> <p>§ This meet will be run as a timed final meet.</p> <p>How Seeding Will be Conducted</p> <p>§ This meet will be deck seeded with coaches checking in and/or scratching all swimmers. After the heats have been posted, swimmers will report to the blocks on their own.</p>
Swimmers Unaccompanied by a USAS Certified Coach:	Any swimmer entered into this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or they must start each race from within the water. If a swimmer is unaccompanied by a USA Swimming member coach, It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
Meet Schedule	<p>§ This meet will have one session on Friday, three sessions on Saturday and two sessions on Sunday.</p> <p>§ On Friday, the building will not open before 4:00pm for swimmers and 4:15pm for spectators.</p> <p>§ On Saturday and Sunday, the building will not open before 7:00am for swimmers and 7:15am for spectators.</p> <p>§ The starting time for all sessions following the morning sessions will be announced once entries are received and a time line is established.</p>

Meet Schedule

This meet is divided into groups, by teams. All teams will swim the same events, but in different sessions. Results from all three groups will be combined for each event to determine awards.

Group	Teams
A	BAC, CCC, CBGC, DESC, EEX, MAY, MEY, NJBL, PAA, PPST, PTAC, RANY, SHY, SAY, TWST
B	BB, CJAC, CAT, FSPY, JFAC, JG, MCY, MYM, OCY, PENN, RBY, RY, SKYY, SVY, TAC, WW
C	BWTD, EAG, HACY, HCY, MB, MCSC, NJRC, SCAR (All divisions), WAVE, WEY, WFY, XCEL, WY

Friday, July 12 th , 2013		Warm-Up	Start
Session 1	Group A List-A Events	4:10pm	5:15pm
Saturday, July 13 th , 2013		Warm-Up	Start
Session 2	Group B List-B Events	7:00am	8:05am
Session 3	Group C List-B Events	End of Session #2 *	65 minutes *
Session 4	Group A List-B Events	End of Session #3 *	65 minutes *
Sunday, July 14 th , 2013		Warm-up	Start
Session 5	Group B List-A Events	7:00am	8:05am
Session 6	Group C List-A Events	End of Session #5 *	65 minutes *

* Starting times for all sessions after the first session each day will be determined after entries are received and a time line created!

Warm-Up Procedures	<p>All teams must be given a minimum of thirty minutes of warm-ups.</p> <p>§ Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines and will include general warm-up lanes, sprint lanes, and pace lanes.</p> <p>Entry Into Pool</p> <p>§ All swimmers must enter the pool from the starting end of the pool.</p> <p>Host Team Monitoring Warm-Ups</p> <p>§ New Jersey Swimming officials will monitor warm-ups.</p> <p>§ All general warm-up lanes will swim in a counterclockwise direction.</p> <p>Warm-Up Schedules</p> <p>§ The warm-up periods will be 30-minute each, divided by teams. There will be designated sprint lanes and/or pace lanes during the last 10 minutes of each warm-up period.</p>
USA Swimming Deck Change Policy	<p>Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.</p>
Entry Times	<p>§ New Jersey Swimming does not allow "NT" or "No Time" to be used as an entry time.</p> <p>§ All entry times must be in long course meters (LCM).</p> <p>§ Converted times from SCY and SCM are acceptable for this meet and for New Jersey JOs.</p> <p>§ A Meet Committee will be selected to handle protests including false entry times and ineligible relay swimmers.</p> <p>§ For all New Jersey Swimming Championship Meets, proof of time must be included with all entries. Entries without proof of time will not be accepted into any New Jersey Championship Meet. (See "Proof of Times Reporting" section below)</p>
Proof of Time Reporting	<ul style="list-style-type: none"> The TM entries report with the <i>Include Proof of Time</i> option selected will suffice. This report should be saved as a PDF file and the file emailed to the entry coordinator along with the entry file.

Check-In	<p>§ All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers who are competing will have a line through their name. Swimmers who are to be scratched for all events in the session will have their names circled with "SCR" noted next to the circle. Swimmers scratching a single event will have a line through his or her name and the event number circled with "SCR" next to the circle.</p> <p>§ Failure to follow the check-in procedure may result in the swimmer(s) being scratched from the session.</p>
Starts	<p>§ "Fly-over" ("over-the-top") starts may be used at the discretion of the meet referee.</p>
Heat-Limited Events	<p>There are none.</p>
Relays	<p>§ All relays must have the correct four names listed in the correct order for that relay to be eligible.</p> <p>§ Coaches must turn in a relay card prior to a relay swimming; it must list correct swimmers' names in correct order.</p> <p>§ Since this is a Silver-level meet, only swimmers with slower than gold time standard times in the 50 meter distance of the stroke being swum prior to this meet may swim on relays. The Meet Referee and/or the meet jury will handle any protest of relay swimmers during the meet. New Jersey Swimming will handle any protest of relay swimmers after the meet. All such violations will be reported to NJ Swimming for possible fines and sanctions.</p>
Scoring	<p>§ Team Scoring will not be kept.</p>
Awards	<p>§ Medals will be awarded for the top 3 relays in each relay event.</p> <p>§ Medals will be awarded for the top 8 swimmers in each individual event. (All swimmers in each event—Silver and Bronze—compete for a single set of awards.)</p> <p>§ The results from all three groups will be combined for the purposes of determining awards.</p>
Entry Fees	<p>§ Individual Entry Fee: \$6.00.</p> <p>§ Relay Entry Fee: \$9.00.</p> <p>§ Make checks payable to Hamilton YMCA Aquatic Club.</p>
Admissions and Programs	<p>§ Admission will be \$7.00 per session.</p> <p>§ Programs and/or heat sheets will be available at a cost of \$15.00 for the entire meet or \$3/session.</p>
Entries	<p>§ In accordance with New Jersey Swimming policy, team entries may be submitted by e-mail to entries1@juno.com.</p> <p>§ All entries must be Hy-Tek program entries as an attached file to an e-mail.</p> <p>§ All entries must be accompanied by a copy of the TM Meet Entries report with the Proof of Time option enabled in PDF format.</p> <p>§ The meet entry coordinator will respond to e-mails entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your email has not been received. It then becomes the e-mailer's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by email or phone.</p> <p>§ An Entry Summary along with a signed New Jersey Swimming waiver and a check for <u>all</u> entry fees must accompany or follow each entry.</p> <p>§ Accuracy of seed times is essential. Incomplete entries will not be accepted.</p> <p>§ Deck, phone and/or faxed entries will not be accepted.</p>
Results	<p>§ Results will be posted on www.besmartinc.com</p> <p>§ Results will be sent to all participating teams via email.</p>
Host Club Responsibilities	<p>§ Provide a single timer in each lane throughout the meet.</p> <p>§ Have stopwatches available for volunteers helping to time.</p> <p>§ E-mail all club entries back to the participating clubs.</p> <p>§ Create a warm-up schedule that will be fair and equitable to all teams. This warm-up schedule will be e-mailed to all participating clubs no later than one week before the meet.</p> <p>§ Create timing assignments that are fair and equitable with as many teams participating as possible. These timing assignments will be e-mailed to all participating clubs no later than one week before the meet.</p>

Participating Club Responsibilities	<p>§ Help with timing assignments (mandatory). Timing assignments will be e-mailed to participating clubs one week prior to the meet.</p> <p>§ Parents must stay off the pool deck except to fulfill timing assignments.</p> <p>§ Should help with officiating whenever possible. List the club contact for club officials on the meet summary.</p>
Concessions	<p>§ Refreshments will be available throughout the meet.</p>
Vendor	<p>§ A swim vendor will be in attendance.</p>
Hotels	<ul style="list-style-type: none"> • Holiday Inn, 100 Independence Way; 1.609.520.1200; ask for special rate. • Staybridge Suites, 4375 Route 1; 1.609.951.0009; ask for sports group rate. • Residence Inn by Marriott, 4225 Route 1; 1.732.329.9600; Includes breakfast. • Princeton Courtyard by Marriott, Route 1 and Mapleton Road; 1.609.716.9100; includes breakfast.
Directions	<p>§ From the New Jersey Turnpike, North or South. Take Exit 8 towards Princeton. Take Route 33 West to Route 571. Continue on Route 571, crossing Route 1 and continuing to the first light (at Faculty Road). Make a right; the pool and the parking lot will be on your left about ¼ mile from the light.</p> <p>§ From US Route 1, North or South. Take the Princeton-Hightstown Road exit toward Princeton. Follow the above directions. Continue to the first light (at Faculty Road). Make a right; the pool and the parking lot will be on your left about ¼ mile from the light.</p>

Order of Events

Event List – A

Group A Event #	Group B Event #	Group C Event #	Event	Slower Than (LCM Gold)	Equal/Faster Than (LCM Silver)
1	121	151	Girls 11-12 200 Medley Relay	*Gold	
2	122	152	Boys 11-12 200 Medley Relay	*Gold	
3	123	153	Girls 10 & Under 200 Medley Relay	*Gold	
4	124	154	Boys 10 & Under 200 Medley Relay	*Gold	
5	125	155	Girls 11-12 200 IM	2:51.99	3:15.19
6	126	156	Boys 11-12 200 IM	2:52.19	3:15.19
7	127	157	Girls 10 & Under 200 IM	3:20.69	3:47.29
8	128	158	Boys 10 & Under 200 IM	3:16.29	3:47.29
9	129	159	Girls 11-12 100 Freestyle	1:08.79	
10	130	160	Boys 11-12 100 Freestyle	1:10.29	
11	131	161	Girls 10 & Under 100 Freestyle	1:20.39	
12	132	162	Boys 10 & Under 100 Freestyle	1:19.79	
13	133	163	Girls 11-12 50 Butterfly	34.59	
14	134	164	Boys 11-12 50 Butterfly	35.09	
15	135	165	Girls 10 & Under 50 Butterfly	41.29	
16	136	166	Boys 10 & Under 50 Butterfly	41.89	
17	137	167	Girls 11-12 50 Backstroke	37.09	
18	138	168	Boys 11-12 50 Backstroke	37.59	
19	139	169	Girls 10 & Under 50 Backstroke	42.89	
20	140	170	Boys 11-12 50 Backstroke	42.99	
21	141	171	Girls 11-12 200 Butterfly	3:12.49	3:22.49
22	142	172	Boys 11-12 200 Butterfly	3:12.49	3:22.49
23	143	173	Girls 10 & Under 100 Breaststroke	1:45.69	
24	144	174	Boys 10 & Under 100 Breaststroke	1:48.69	
25	145	175	Girls 11-12 100 Breaststroke	1:30.89	
26	146	176	Boys 11-12 100 Breaststroke	1:32.59	
27	147	177	Girls 10 & Under 400 Freestyle	6:19.69	6:55.79
28	148	178	Boys 10 & Under 400 Freestyle	6:24.59	6:55.79
29	149	179	Girls 11-12 400 Freestyle	5:27.59	6:00.09
30	150	180	Boys 11-12 400 Freestyle	5:23.49	6:00.09

* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Summer JO's Gold time in the stroke and distance that the swimmer will swim in that relay.

Order of Events

Event List - B

Group A Event #	Group B Event #	Group C Event #	Event	Slower Than (LCM Gold)	Equal/Faster Than (LCM Silver)
91	31	61	Girls 11-12 200 Freestyle Relay	*Gold	
92	32	62	Boys 11-12 200 Freestyle Relay	*Gold	
93	33	63	Girls 10 & Under 200 Freestyle Relay	*Gold	
94	34	64	Boys 10 & Under 200 Freestyle Relay	*Gold	
95	35	65	Girls 11-12 200 Freestyle	2:31.19	2:48.69
96	36	66	Boys 11-12 200 Freestyle	2:31.79	2:48.69
97	37	67	Girls 10 & Under 200 Freestyle	2:55.19	3:23.79
98	38	68	Boys 10 & Under 200 Freestyle	2:54.29	3:23.79
99	39	69	Girls 11-12 100 Backstroke	1:19.59	
100	40	70	Boys 11-12 100 Backstroke	1:20.19	
101	41	71	Girls 10 & Under 100 Backstroke	1:31.59	
102	42	72	Boys 10 & Under 100 Backstroke	1:31.19	
103	43	73	Girls 11-12 200 Breaststroke	3:18.99	3:44.39
104	44	74	Boys 11-12 200 Breaststroke	3:21.99	3:44.39
105	45	75	Girls 10 & Under 50 Freestyle	35.79	
106	46	76	Boys 10 & Under 50 Freestyle	35.69	
107	47	77	Girls 11-12 50 Freestyle	31.59	
108	48	78	Boys 11-12 50 Freestyle	31.29	
109	49	79	Girls 10 & Under 50 Breaststroke	48.79	
110	50	80	Boys 10 & Under 50 Breaststroke	50.49	
111	51	81	Girls 11-12 50 Breaststroke	41.79	
112	52	82	Boys 11-12 50 Breaststroke	43.29	
113	53	83	Girls 11-12 100 Butterfly	1:19.89	
114	54	84	Boys 11-12 100 Butterfly	1:19.99	
115	55	85	Girls 10 & Under 100 Butterfly	1:40.09	
116	56	86	Boys 10 & Under 100 Butterfly	1:41.69	
117	57	87	Girls 11-12 200 Backstroke	2:52.59	3:20.79
118	58	88	Boys 11-12 200 Backstroke	2:52.79	3:20.79
119	59	89	Girls 11-12 400 IM	6:15.99	6:59.79
120	60	90	Boys 11-12 400 IM	6:20.79	6:59.79

* In order to swim in a relay designated as a Silver/Bronze event, no swimmer on that relay may have a previous Summer JO's Gold time in the stroke and distance that the swimmer will swim in that relay.



NEW JERSEY SWIMMING

HACY 2013 12 & Under Silver/Bronze Championships

Friday-Sunday July 12th-14th

Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Princeton University, Hamilton YMCA Aquatic Club, Be Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

Meet Verification

I hereby certify that all entered swimmers and coaches listed on the waiver form, for the Hamilton YMCA 12 & Under Silver Bronze Championships meet on July 12th-14th, 2013 are registered members of United States Swimming. All United States Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

Name/E-Mail/Phone Number of person to contact regarding this entry: _____

Name/E-Mail/Phone Number of person to contact regarding timers/officials: _____

Entry Fee Summary:	_____ Individual event entries @ \$6.00 =	\$ _____
	_____ Relay entries @ \$9.00 =	\$ _____
	Total:	\$ _____

Make checks payable to: Hamilton YMCA Aquatic Club

Article 302.4 of the United States Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to \$100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____