| | |
|---|---|
| Name of Meet | JFAC SPRINT FOR THE GOLD SWIM MEET<br>AT SECAUCUS SWIM CENTER<br>(Held under the sanction of USA Swimming) |
| Meet Sanction # | *NJS020616SCB*<br>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| Dates of Meet | Saturday, February 6th, 2016 |
| Location | Secaucus Swim Center, 2000 Koelle Blvd., Secaucus, NJ 07094 |
| Facility Information | The Secaucus Swim Center is a 6 lane 25 yard pool, with Colorado Timing. There is gallery seating for all participants and spectators. The depth of the pool at the block end is 7 feet; the depth of the pool at the turn end is 4 feet. |
| Pool Certification Statement | The competition course has not been certified in accordance with 104.2.2C(4). Note that this statement is a required meet announcement statement, and refers to the pre-certification of the pool length measurement in regards to National and World Record swims which may occur in the pool. The fact that this pool is not certified in accordance to 104.2.2C(4) does not impact on the validity of the times achieved in this pool. Times swum at this meet will in fact be entered in SWIMS and are eligible for qualifying for any other USA Swimming sanctioned competition. |
| Audio/Visual Recording Statement | Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. |
| Internet Address | Internet location for all meet information: www.besmarttinc.com |
| Meet Director | Walter Benzija, jerseyflyers2010@yahoo.com |
| Meet Referee | Bach Lequang, blequang@gmail.com |
| Administrative Official | Ellen Mace besmarttinc@gmail.com Note new e-mail! |
| Meet Safety Marshall | Lisa Benzija, jerseyflyers2010@yahoo.com |
| Entry Coordinator | Be Smartt Inc — besmarttinc@gmail.com, 609.558.0988 |
| Entry Deadline: | Entry Deadline: Saturday, January 23rd, 2016. E-Mail entry file to: besmarttinc@gmail.com<br>There will be no refunds after the entry deadline except for events that may be scratched from meet by the Entry Coordinator or Meet Director, or as otherwise directed by NJ Swimming.<br>Entries will be acknowledged within 48 hours of receipt.<br>• All entries will be accepted on a first come basis.<br>• Mail the signed waiver and entry fee check to: Be Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619<br>• Entry forms, verification forms, waiver release, and fees must be received no later than 8:15am, on February 6th, 2016.<br>• Team entries will be considered accepted when the host club accepts the entries.<br>• Meet Entries will be taken until the meet fills. The host club must stay within the four hour per session rule.<br>• If the meet doesn't fill by the entry deadline, the meet director may, at his discretion, accept entries beyond the stated deadline.<br>• It is not necessary to use overnight or express mail to send hard copy and check, which are sent in support of an e-mailed entry. |

| | |
|---|---|
| Meet Format Waiver: | The host club has the right to change the format of the meet with the approval of the sanctioning chair and either the age group or senior chair. These changes would be made for a more efficient swim meet for the swimmers and the host club. Reasons for these changes include:<br>• To allow more swimmers to swim.<br>• To conform to facility capacity limits or for facility safety concerns.<br>• To condense the meet into smaller time period.<br>Some of the changes that may be made include: 1) add a session and 2) condense sessions. |
| Meet Requirement Statement: | In order to be eligible for the New Jersey Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a New Jersey Swimming sanctioned meet, this meet counts towards those participation requirements. |
| Coaches Eligibility: | • All coaches "on the deck" must be currently registered coach members of USA Swimming.<br>• All coaches must have coaching cards when picking up check-in sheets.<br>• All coaches must have coaching cards when getting food from concessions. |
| Internet Website Posting: | Internet location for all meet information: http://www.besmarttinc.com<br>Pre-Meet Information posted on website.<br>• Meet Announcement.<br>• Downloadable Hy-Tek Events list (.HYV file).<br>• Teams whose entries have been received.<br>• Updated meet schedule.<br>• Warm-up Schedule and Team Warm-up Assignments.<br>• Timing assignments.<br>Post-Meet Information posted on website.<br>• Downloadable Results (.CL2 file)<br>• Printable meet results (.PDF file) |
| Swimmer Eligibility: | • All swimmers must be members of USA Swimming to enter and compete in this meet.<br>• All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use an UN- (New Team Alpha Code) as their team affiliation. All Unattached swimmers must be listed on the team's official waiver entry form.<br>• There will be 10/Under, 11/12, 13/14 events<br>• There will be no qualifying times for this meet.<br>• Swimmers may compete in a maximum of four (4) individual events per day.<br>• Age for this meet is calculated as of: Saturday, February 6th, 2016 |
| USA-S Racing Start Certification Statement: | Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| USA-S Deck Change Policy Statement: | Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. |
| Meet Format: | • This meet will be run in accordance to current USA Swimming Rules.<br>• This meet will be run as a timed final meet.<br>• This meet will be deck seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will be marshalled to the blocks. |

MEET SCHEDULE:

| Saturday: | | Warm-up | Start |
|---|---|---|---|
| SESSION 1 | 13/14's | 7:55 a.m. | 9:05 a.m. |
| SESSION 2 | 10/ Under and 11/12's | TBA | TBA |

| | |
|---|---|
| Warm-up Procedures | • Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines. Warm-ups will include general warm-up lanes, sprint lanes, and pace lanes.<br>• Swimming equipment is not allowed in the competition pool during all warm-up sessions. This includes kick boards, hand paddles, and pull buoys.<br>• All swimmers are entitled to a fair and comparable warm-up. All teams must receive the same opportunities for warm-up lanes, sprint lanes, and pace lanes.<br>• All swimmers must enter the pool feet first from the starting end of the pool.<br>• New Jersey Swimming officials will monitor warm-ups.<br>• All general warm-up lanes will swim in a counterclockwise direction.<br>• Warm-ups will consist of two (2) 25-minute warm-up sessions with teams assigned to a session, followed by a 10-minute session of all sprint lanes for all teams. |
| Entry Times | • New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time.<br>• All entry times must be in short course yards. |
| Check-In | • All check-in sheets must be turned into the scoring table 35 minutes before the start of each session. Swimmers that are swimming will have a line through their name. Swimmers that are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle.<br>• Failure to follow this procedure may result in the swimmer(s) being scratched from the session. |
| Starts | • The host club will determine if 'Fly-over/Over-the-top' starts will be used after a time line has been produced. This information will be posted in the pre-meet information e-mailed to coaches. |
| Scoring: | • Team Scoring will not be kept. |
| Awards: | • Medals will be awarded for the top three swimmers in each individual event. |
| Entry Fees: | • Individual Entry Fee: $4.00<br>• Make checks payable to: Jersey Flyers Aquatic Club<br>• Host club has the right to scratch teams/swimmers for lack of payment of entry fees, lack of completed and signed waiver forms.<br>• Special Notice: All entries fees must be paid no later than Session Check-in. If a team fails to make payment by that time all their swimmers may be scratched, at the discretion of the Host Team. |
| Admissions and Programs: | Admission will be $7.00 per session.<br>Programs will be available for $3.00. |
| Results: | • Results will be e-mailed to teams participating in the meet.<br>• Results will be posted on the meet websites. |
| Host Club Responsibilities: | • The host club will provide a single timer in each lane throughout the meet.<br>• The host club will e-mail entry verification back to the participating clubs.<br>• The host club will create a warm-up schedule that will be fair and equal to all teams.<br>• The host club will create timing assignments that are fair and equitable with as many teams participating as possible.<br>• Warm-up schedules and assignments, and timing assignments will be e-mailed to all participating clubs and posted on www.besmarttinc.com no later than 1 week before the meet. |
| Participating Club Responsibilities: | • Participating clubs must help with timing assignments and MUST BRING THEIR OWN STOPWATCHES. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website: www.besmarttinc.com 1 week prior to the meet.<br>• Participating club parents must stay off the pool deck except for timing assignments.<br>• Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.<br>• ABSOLUTELY NO SWIMMERS WILL BE PERMITTED IN THE SPECTATOR GALLERY AREA! Parents may meet their swimmers in the gym/marshalling area. |
| Concessions: | Food and drink will be available at reasonable cost. |

| | |
|---|---|
| Vendor: | A swim vendor will be at this meet. |
| Hotels: | Meadowlands Plaza Hotel, 40 woods Avenue, Secaucus, NJ 07094, 201.272.1000<br>Hampton Inn Secaucus, 250 Harmon Meadow Boulevard, Secaucus, NJ 07094, 201.867.4400<br>Courtyard Secaucus Meadowlands, 455 Harmon Meadow Blvd., Secaucus, NJ 07094, 201.617.8888<br>LaQuinta Inn and Suites, 350 Lighting Way, Secaucus, NJ 07094, 201.863.8700 |
| Directions | From the NJ Turnpike…<br>Take Exit 16E toward the Lincoln Tunnel/RT-3. Take the NJ3 exit on the left toward Secaucus. Turn right onto Paterson Plank Road. Take the RT-3 W ramp. Turn slight right onto RT-3W. Take the ramp toward Secaucus. Turn right onto Radio Avenue. Turn right onto Huber Street. Take the 2nd left onto Koelle Blvd. |

New Jersey Swimming

# JFAC SPRINT FOR THE GOLD MEET

SATURDAY, FEBRUARY 6th, 2016

## Order of Events

Session 1 – Start 9:05 a.m.
13-14 Boys and Girls

1. 13/14 Girls 200 IM
2. 13/14 Boys 200 IM
3. 13/14 Girls 100 Freestyle
4. 13/14 Boys 100 Freestyle
5. 13/14 Girls 100 Backstroke
6. 13/14 Boys 100 Backstroke
7. 13/14 Girls 100 Butterfly
8. 13/14 Boys 100 Butterfly
9. 13/14 Girls 100 Breaststroke
10. 13/14 Boys 100 Breaststroke
11. 13/14 Girls 50 Freestyle
12. 13/14 Boys 50 Freestyle

Session 2 – Start TBA once all entries are received
10/Under and 11/12 Boys and Girls

13. 10/Under Girls 100 IM
14. 10/Under Boys 100 IM
15. 11/12 Girls 100 IM
16. 11/12 Boys 100 IM
17. 10/Under Girls 50 Backstroke
18. 10/Under Boys 50 Backstroke
19. 11/12 Girls 100 Backstroke
20. 11/12 Boys 100 Backstroke
21. 10/Under Girls 50 Breaststroke
22. 10/Under Boys 50 Breaststroke
23. 11/12 Girls 100 Breaststroke
24. 11/12 Boys 100 Breaststroke
25. 10/Under Girls 50 Freestyle
26. 10/Under Boys 50 Freestyle
27. 11/12 Girls 50 Freestyle
28. 11/12 Boys 50 Freestyle
29. 10/Under Girls 50 Butterfly
30. 10/Under Boys 50 Butterfly
31. 11/12 Girls 100 Butterfly
32. 11/12 Boys 100 Butterfly
33. 10/Under Girls 100 Freestyle
34. 10/Under Boys 100 Freestyle
35. 11/12 Girls 100 Freestyle
36. 11/12 Boys 100 Freestyle

# JFAC SPRINT FOR THE GOLD MEET

# SATURDAY, February 6th, 2016

## Waiver

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, NJ Swimming, Jersey Flyers Aquatic Club, Secaucus Community Center, and BE Smartt Inc and their staffs for any injuries and/or expenses incurred by me/us at the swim meet, or while on the road to and from the meet. I/we are USA Swimming registered athletes and am/are eligible to compete in all the events I/we have entered.

## Meet Verification

I hereby certify that all entered swimmers and coaches listed below are registered members of USA Swimming. All USA Swimming numbers are correctly listed and unless otherwise noted, are not required to swim unattached (UN) due to the 120 day transfer. Also I acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Club Name/Club Code _____

Signature of Coach and/or Parent/Guardian _____

Address: _____

Telephone _____ E-Mail Address _____

Name(s) of Coach(es): _____

_____

Name/E-Mail/Phone Number of person to contact regarding this entry:

_____

NAME/E-Mail/Phone Number of person to contact regarding timers/officials:

_____

---

Entry Fee Summary: _____ Individual event entries @ $4.00 = $_____
Make checks payable to: Jersey Flyers Aquatic Club

## Article 302.4 of the USA Swimming Rules and Regulations

False Registration: An LSC may impose a fine of up to $100 per event against a member coach or a member club's representative signing a document which indicates a swimmer is registered with USA Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC and the LSC will be entitled to the fines imposed.

List all Unattached Swimmers:

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____

Unattached Swimmer _____, Unattached Swimmer _____